

7.2 Best Practices

2. Empowering Students in Emergency Response: First Aid Safety Awareness and Basic Life Support Training

S. No.	Particulars	Details
1.	Title of the Practice	Empowering Students in Emergency Response: First Aid Safety Awareness and Basic Life Support Training
2.	Goal	<p>Recognize and assess emergency situations.</p> <p>Check and monitor vital signs and blood circulation.</p> <p>Identify and manage airway obstructions, bleeding, and choking incidents.</p> <p>Perform CPR correctly.</p> <p>Increase their confidence and readiness to provide Basic Life Support in real-life scenarios.</p>
3.	The Context	“Equipping Students with Life-Saving Skills: A Comprehensive First Aid Safety and Basic Life Support Training Program”.
4.	The Practice	<ul style="list-style-type: none"> · Emergency Preparedness Training: <ul style="list-style-type: none"> • Organized by the Emergency Care and Safety Awareness Club in association with ALERT. • Focused on imparting practical skills to respond to emergencies. · Comprehensive Training Content: <ul style="list-style-type: none"> • Topics covered included checking vital signs, assessing blood circulation, identifying and managing airway obstructions, controlling bleeding, handling choking incidents, and performing CPR. · Interactive and Engaging Sessions: <ul style="list-style-type: none"> • The program was designed to be highly instructive and interactive, encouraging student participation and queries. • Students were given the opportunity to practice the skills learned during the session. · Broad Student Participation:

		<ul style="list-style-type: none"> • Attended by around 160 students from various departments, highlighting widespread interest and commitment. <p>· Fostering a Culture of Safety and Preparedness:</p> <p>Aimed at enhancing students' confidence and readiness to act swiftly in emergency situations.</p> <ul style="list-style-type: none"> • Contributed to creating a safer and more resilient community by equipping students with essential life-saving skills.
5.	Evidence of Success	<p>The training fostered a culture of safety and preparedness, equipping students with the necessary skills to act swiftly and effectively in emergencies.</p> <p>The program raised awareness about the importance of first aid and BLS among students, encouraging them to be proactive and competent responders in emergency situations.</p>
6.	Problems Encountered & Resources Required	<ul style="list-style-type: none"> • Ensuring ongoing proficiency in BLS skills requires periodic refresher courses to maintain students' competency. • Scheduling and funding for regular refresher training sessions to ensure students retain and update their skills.
7.	Contact Details	
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